



News @ the 'bank

AQUASTARS NEWSLETTER

HANDY HINTS:

How to enter a swim Competition:

Log onto the swimming Victoria website.

www.swimmingvictoria.org.au

Go to "events" link

Click on the "event Calendar"

Select the competition you want to enter.

Double click over the comp. Entry details will be attached.

Complete the entry form and send the entry fee to swim meet manager.

Enter these Comps Now!

****14-15th Feb Vic Sprint**

C'ships (MSAC)

22nd Feb Metro South All Juniors (MSAC) (Junior squads)

8th March Metro South District Championships(MSAC) (All Squads)

15th March Last Blast (MSAC)

21-22nd March All Juniors Finals (MSAC) (Junior squads)

**** 13th-18th April Australian Age C'Ships (SOPAC)**

NB: ** Qualifying Meets

◆ **DATES TO DIARY:**

FUND RAISING BBQ at Bunnings

22nd Feb Warrigal Rd Moorabbin

29th March Centre Rd Oakleigh

February Issue 4

DATE: Term One 2009

IMPORTANT CONTACTS.

Firbank Swim School (Denise) ph: 95538644

Head Coach: Mr Gus Barnes (abarnes@firbank.vic.edu.au)

www.vicnet.net.au/metrosth

www.firbankaquastars.com.au

www.swimmingvictoria.org.au

Aggregate Winners Term Four, 2008

Junior Aggregate Results

Spring 2008 (Term 4)

1st Place: Mitchell Coughlin

2nd Place: Jaime Phyland & Natalie Fisher

3rd Place: Declan Cox & Matthew Stevenson

Senior Aggregate Results Spring

1st Place: Chelsea Start

2nd Place: Breanne Phyland & Siobhan Phyland

3rd place: Sarah Mitchell & Jamie Zaidenberg.

Aggregate Dates Term One

\$4.00 for Non-Members

Free of Charge for Members

Suitable for all ages 6 years +

Starts at 7pm Sharp.

1. Friday 20th Feb
2. Friday 27th FEB ***
3. Friday 13th March ***
4. Friday 27th March & (Social)

CLUB CHAMPIONSHIPS 2009

Open to all Current Financial Club Members.

***Night One: 27th Feb (7.00pm sharp)**

***Night Two: 13th March (7.00pm sharp)**

VICTORIAN LONG COURSE CHAMPIONSHIPS 2009

Congratulations to all competitors in the Championships held over Dec and Jan. Some Excellent results in the Junior and Senior age groups.

JUNIOR RESULTS

Gold Medal : 12 years and under Girls 4 x 50 Metre Medley Relay. (2.15.73)

Bronze Medal: 12 years and under Girls 4 x 50 Metre Freestyle Relay. (2.01.85)

Gold to Sarah Mitchell in the 100 Fly, 200 Fly and 200 IM.

SENIOR RESULTS