
RECORDS Open Long Course
LC Meters-Female

50 Free	25.97	18-Apr-11	FAS VIC	Louise Mitchell at 2011 Australian Age Championships
100 Free	57.73	17-Dec-10	FAS VIC	Louise Mitchell at 2011 Victorian Age Championships
200 Free	2:09.33	8-Jan-01	FAS	Lisa Kempa State Champs
400 Free	4:28.67	7-Jan-01	FAS	Lisa Kempa State Champs
800 Free	9:12.55	3-Jan-00	FAS	Lisa Kempa State Champs
1500 Free	18:28.82	27-Oct-01	FAS	Georgina Kennedy Distance Comp
50 Back	30.44	5-Jan-02	FAS	Rachel Goh State Champs
100 Back	1:04.87	17-Dec-10	FAS VIC	Louise Mitchell at 2011 Victorian Age Championships
200 Back	2:19.46	12-Apr-02	FAS	Rachel Goh Age Nationals Sydney
50 Breast	33.49	29-Mar-01	FAS	Angela Kan Open Nationals Hobart
100 Breast	1:12.41	9-Apr-99	FAS	Angela Kan Age Nationals Hobart
200 Breast	2:35.51	10-Apr-99	FAS	Angela Kan Age Nationals Hobart
50 Fly	26.91	1-Apr-11	FAS VIC	Louise Mitchell at 2011 Telstra Australian Swimming Championship
100 Fly	1:02.33	6-Jan-10	FAS VIC	Emma Niere at 2010 Victorian Age Championships
200 Fly	2:16.83	17-Dec-10	FAS VIC	Emma Niere at 2011 Victorian Age Championships
200 IM	2:22.51	7-Jan-01	FAS	Angela Kan Age Nationals Perth
400 IM	5:04.20	10-Jan-01	FAS	Angela Kan State Champs

RECORDS Open Long Course
LC Meters-Male

50 Free	23.59	24-Mar-01	FAS	Ray Hass	Open Nationals Hobart
100 Free	50.58	23-Mar-99	FAS	Ray Hass	Open Nationals Brisbane
200 Free	1:49.71	27-Mar-01	FAS	Ray Hass	Open Nationals Hobart
400 Free	4:09.79	17-Dec-10	FAS	VIC Cody Smith at 2011 Victorian Age Championships	
800 Free	8:47.40	27-Nov-10	FAS	VIC Nicholas Findeisen at 2010 Victorian Qualifying Meet	
1500 Free	16:48.63	27-Nov-10	FAS	VIC Nicholas Findeisen at 2010 Victorian Qualifying Meet	
50 Back	26.79	16-Jun-01	FAS	Ray Hass	Telstra Grand Prix
100 Back	55.74	22-Mar-99	FAS	Ray Hass	Open Nationals
200 Back	1:58.59	20-Mar-02	FAS	Ray Hass	Open Nationals Brisbane
50 Breast	29.65	15-Jan-10	FAS	VIC Nicholas Findeisen at 2010 Open SWD Victorian Championships	
100 Breast	1:06.68	1-Apr-11	FAS	VIC Nicholas Findeisen at 2011 Telstra Australian Swimming Championship	
200 Breast	2:28.68	6-Nov-10	FAS	VIC Nicholas Findeisen at 2010 Long Course Distance Meet	
50 Fly	25.82	13-May-00	FAS	Ray Hass	Open Nationals Sydney
100 Fly	58.01	18-Apr-11	FAS	VIC James Nettlefold at 2011 Australian Age Championships	
200 Fly	2:08.99	12-Jan-03	FAS	Angus Hayes	State Champs
200 IM	2:08.26	1-Apr-11	FAS	VIC Nicholas Findeisen at 2011 Telstra Australian Swimming Championship	
400 IM	4:35.85	26-Apr-03	FAS	Angus Hayes	Age Nationals Brisbane