
RECORDS LONG COURSE
LC Meters-Female

8 & U	50 Free	39.55	12-Mar-05	FAS	Sarah Mitchell	Metro Sth District Champs
	100 Free	1:32.79	25-Jun-02	FAS	Louise Mitchell	Metro West Carnival
	50 Back	47.44	12-Mar-05	FAS	Sarah Mitchell	Metro Sth District Champs
	50 Breast	52.80	12-Mar-05	FAS	Sarah Mitchell	Metro Sth District Champs
	100 Breast	1:58.03	9-Dec-00	FAS	Anna Hill	December Comps
	50 Fly	40.14	5-Feb-05	FAS	Sarah Mitchell	State Sprints
9-9	50 Free	35.67	6-Mar-11	FAS VIC	Maxine Ness at HWL JX & National Qualifying Meet	
	100 Free	1:22.12	15-Dec-01	FAS	Martina Song	December Comps
	200 Free	3:00.04	15-Dec-01	FAS	Martina Song	December Comps
	400 Free	7:03.93	15-Dec-02	FAS	Louise Mitchell	December Comps
	50 Back	39.54	24-Mar-02	FAS	Martina Song	All Junior Finals
	100 Back	1:28.63	16-Dec-01	FAS	Martina Song	December Comps
	200 Back	3:13.51	7-Oct-01	FAS	Martina Song	Metro Sth Long Distance
	50 Breast	47.49	13-Jun-98	FAS	Edwina Goddard	Ringwood Carnival
	100 Breast	1:52.96	16-Dec-01	FAS	Martina Song	December Comps
	200 Breast	3:56.66	7-Oct-01	FAS	Martina Song	Metro Sth Long Distance
	50 Fly	36.69	18-Feb-06	FAS	Sarah Mitchell	State Sprints
	100 Fly	1:48.33	1-Dec-01	FAS	Martina Song	December Comps
	200 IM	3:14.31	2-Mar-02	FAS	Martina Song	Metro Sth District Champs
10-10	50 Free	31.92	25-Feb-01	FAS	Lucinda Browne	District Champs
	100 Free	1:12.73	31-Oct-99	FAS	Lauren Mc Clymont	Vic Centre
	200 Free	2:39.83	5-Jan-01	FAS	Lucinda Browne	State Champs
	400 Free	5:46.20	24-Oct-99	FAS	Lauren Mc Clymont	Metro Sth Long Distance
	800 Free	11:44.90	24-Oct-99	FAS	Lauren Mc Clymont	Metro Sth Long Distance
	50 Back	36.94	25-Mar-01	FAS	Lucinda Browne	All Junior Finals
	100 Back	1:23.70	2-Jan-01	FAS	Lucinda Browne	State Champs
	200 Back	3:00.36	29-Oct-00	FAS	Lucinda Browne	Metro Sth Long Distance
	50 Breast	36.97	7-Feb-99	FAS	Edwina Goddard	State Sprints
	100 Breast	1:22.86	10-May-99	FAS	Edwina Goddard	VPSSA Nationals
	200 Breast	3:14.00	14-Oct-98	FAS	Edwina Goddard	S V Distance Comp
	50 Fly	32.92	18-Feb-07	FAS	Sarah Mitchell	State Sprints
	100 Fly	1:18.60	28-Aug-99	FAS	Lauren Mc Clymont	Interdistrict No.
	200 Fly	3:07.13	24-Oct-99	FAS	Lauren Mc Clymont	Metro Sth Distance
	200 IM	2:52.42	24-Jan-99	FAS	Edwina Goddard	Tasmanian States
11-11	50 Free	29.94	6-Feb-00	FAS	Edwina Goddard	State Sprints
	100 Free	1:04.82	3-Jan-00	FAS	Edwina Goddard	State Champs
	200 Free	2:26.70	6-Jan-02	FAS	Lucinda Browne	State Champs
	400 Free	5:22.83	7-Oct-01	FAS	Marissa Stamoulis	Metro Sth Long Distance
	800 Free	11:31.28	14-Nov-99	FAS	Lauren Mc Clymont	Distance Comp
	50 Back	35.65	24-Feb-02	FAS	Lucinda Browne	State Sprints
	100 Back	1:15.79	3-Jan-02	FAS	Lucinda Browne	State Champs
	200 Back	2:52.12	7-Oct-01	FAS	Lucinda Browne	Metro Sth Long Distance
	50 Breast	34.12	5-May-00	FAS	Edwina Goddard	Pacific School Games
	100 Breast	1:17.78	2-May-00	FAS	Edwina Goddard	Pacific School Games
	200 Breast	2:49.55	8-Jan-00	FAS	Edwina Goddard	State Champ
	50 Fly	31.81	10-Feb-08	FAS	Sarah Mitchell	State Sprints
	100 Fly	1:13.41	6-Jan-08	FAS	Sarah Mitchell	State Champs
	200 Fly	3:07.86	14-Nov-99	FAS	Lauren Mc Clymont	Distance Comp
	200 IM	2:39.11	3-Jan-00	FAS	Edwina Goddard	State Champs
	400 IM	5:52.82	13-Nov-99	FAS	Edwina Goddard	Distance Comp

RECORDS LONG COURSE

12-12	50 Free	28.60	9-Apr-99	FAS	Rachel Goh	Age Nationals Hobart
	100 Free	1:01.90	19-Apr-01	FAS	Edwina Goddard	Age Nationals Melbourne
	200 Free	2:18.68	4-Jan-01	FAS	Edwina Goddard	State Champs
	400 Free	4:58.36	10-Dec-00	FAS	Edwina Goddard	December Comps
	800 Free	10:23.86	15-Nov-98	FAS	Rachel Goh	Distance Comp
	50 Back	32.60	25-Jan-03	FAS	Hannah Jones	Tasmanian States
	100 Back	1:09.84	19-Dec-09	FAS	Samantha Fynmore	State Champs
	200 Back	2:37.54	19-Dec-09	FAS	Samantha Fynmore	State Champs
	50 Breast	35.19	28-Mar-01	FAS	Edwina Goddard	Open Nationals Hobart
	100 Breast	1:13.89	19-Apr-01	FAS	Edwina Goddard	Age Nationals Melbourne
	200 Breast	2:40.63	8-Jan-00	FAS	Edwina Goddard	State Champs
	50 Fly	29.85	15-Feb-09	FAS	Sarah Mitchell	State Sprints
	100 Fly	1:07.18	20-Dec-08	FAS	Sarah Mitchell	Age Nationals
	200 Fly	2:33.81	21-Dec-08	FAS	Sarah Mitchell	State Champs
	200 IM	2:31.28	21-Apr-01	FAS	Edwina Goddard	Age Nationals Melbourne
	400 IM	5:34.39	7-Nov-09	FAS	Samantha Fynmore	Vic Long Dist
13-13	50 Free	27.67	13-Apr-00	FAS	Rachel Goh	Age Nationals Perth
	100 Free	59.47	10-Apr-00	FAS	Rachel Goh	Age Nationals Perth
	200 Free	2:13.50	8-Jan-00	FAS	Rachel Goh	State Champs
	400 Free	4:46.58	4-Dec-99	FAS	Rachel Goh	December Comps
	800 Free	9:51.77	14-Nov-99	FAS	Rachel Goh	Distance Comp
	50 Back	31.93	14-Sep-99	FAS	Rachel Goh	All Schools Brisbane
	100 Back	1:06.68	13-Apr-00	FAS	Rachel Goh	Age Nationals
	200 Back	2:27.08	11-Jan-00	FAS	Rachel Goh	State Champs
	50 Breast	35.48	8-Mar-02	FAS	Edwina Goddard	Open Nationals Brisbane
	100 Breast	1:16.45	9-Apr-02	FAS	Edwina Goddard	Age Nationals Sydney
	200 Breast	2:42.20	10-Apr-02	FAS	Edwina Goddard	Age Nationals Sydney
	50 Fly	29.44	13-Feb-10	FAS VIC	Sarah Mitchell at 2010 Victorian Sprint Championships	
	100 Fly	1:04.67	6-Jan-10	FAS VIC	Sarah Mitchell at 2010 Victorian Age Championships	
	200 Fly	2:28.49	17-Dec-10	FAS VIC	Samantha Fynmore at 2011 Victorian Age Championships	
	200 IM	2:28.59	9-Jan-00	FAS	Rachel Goh	State Champs
	400 IM	5:21.61	2-Jan-04	FAS	Rachel Goh	State Champs
14-14	50 Free	27.39	26-Aug-00	FAS	Rachel Goh	Telstra Grand Prix
	100 Free	59.70	11-Jan-01	FAS	Rachel Goh	State Champs
	200 Free	2:12.49	6-Jan-10	FAS VIC	Emma Niere at 2010 Victorian Age Championships	
	400 Free	4:41.60	6-Jan-10	FAS VIC	Emma Niere at 2010 Victorian Age Championships	
	800 Free	9:38.85	8-Jan-09	FAS	Emma Niere	Vic Long Dist
	1500 Free	19:25.57	27-Oct-01	FAS	Solana Payne	Distance Comp
	50 Back	30.98	22-Jan-05	FAS	Hannah Jones	Tasmanian States
	100 Back	1:05.64	24-Jan-05	FAS	Hannah Jones	Tasmanian States
	200 Back	2:22.37	23-Jan-05	FAS	Hannah Jones	Tasmanian States
	50 Breast	35.54	24-Apr-04	FAS	Felicity Gould	Open Nationals Sydney
	100 Breast	1:16.71	23-Feb-08	FAS	Emily Selig	Melb Vicentre
	200 Breast	2:41.12	11-Jan-08	FAS	Emily Selig	State Champs
	50 Fly	28.63	13-Feb-10	FAS VIC	Emma Niere at 2010 Victorian Sprint Championships	
	100 Fly	1:02.33	6-Jan-10	FAS VIC	Emma Niere at 2010 Victorian Age Championships	
	200 Fly	2:17.80	6-Jan-10	FAS VIC	Emma Niere at 2010 Victorian Age Championships	
	200 IM	2:27.26	17-Dec-10	FAS VIC	Sarah Mitchell at 2011 Victorian Age Championships	
	400 IM	5:20.99	7-Nov-09	FAS	Emma Niere	Vic Long Course Champs
15-15	50 Free	27.17	10-Apr-02	FAS	Rachel Goh	Age Nationals Sydney
	100 Free	58.75	10-Jan-02	FAS	Rachel Goh	State Champs
	200 Free	2:10.73	1-Dec-01	FAS	Rachel Goh	December Comps
	400 Free	4:35.56	17-Dec-10	FAS VIC	Emma Niere at 2011 Victorian Age Championships	

RECORDS LONG COURSE

15-15	800 Free	9:28.68	14-Jan-11	FAS VIC	Emma Niere at 2011 Victorian Championships
	1500 Free	19:52.02	25-Jan-99	FAS	Sarah O'Connell Tasmanian States
	50 Back	30.44	5-Jan-02	FAS	Rachel Goh State Champs
	100 Back	1:05.03	12-Jan-02	FAS	Rachel Goh State Champs
	200 Back	2:19.46	12-Apr-02	FAS	Rachel Goh 6 Age Nationals Sydney
	50 Breast	34.55	14-Feb-09	FAS	Emily Selig State Sprints
	100 Breast	1:15.25	11-Apr-00	FAS	Bree Trewin Age Nationals
	200 Breast	2:40.27	17-Apr-09	FAS	Emily Selig Age Nationals
	50 Fly	28.37	15-Feb-09	FAS	Louise Mitchell State Sprints
	100 Fly	1:02.75	14-Jan-11	FAS VIC	Emma Niere at 2011 Victorian Championships
	200 Fly	2:16.83	17-Dec-10	FAS VIC	Emma Niere at 2011 Victorian Age Championships
	200 IM	2:24.62	8-Jan-02	FAS	Rachel Goh State Champs
	400 IM	5:11.59	17-Dec-10	FAS VIC	Emma Niere at 2011 Victorian Age Championships
16-16	50 Free	26.33	5-Apr-10	FAS VIC	Louise Mitchell at 2010 Australian Age Championships
	100 Free	58.03	5-Apr-10	FAS VIC	Louise Mitchell at 2010 Australian Age Championships
	200 Free	2:10.34	7-Jan-00	FAS	Lisa Kempa State Champs
	400 Free	4:28.91	7-Jan-00	FAS	Lisa Kempa State Champs
	800 Free	9:12.55	3-Jan-00	FAS	Lisa Kempa State Champs
	1500 Free	18:28.82	27-Oct-01	FAS	Georgina Kennedy Distance Comp
	50 Back	30.80	13-Feb-10	FAS VIC	Louise Mitchell at 2010 Victorian Sprint Championships
	100 Back	1:05.65	6-Jan-10	FAS VIC	Louise Mitchell at 2010 Victorian Age Championships
	200 Back	2:24.89	6-Jan-10	FAS VIC	Louise Mitchell at 2010 Victorian Age Championships
	50 Breast	34.06	2-Jan-99	FAS	Angela Kan State Champs
	100 Breast	1:12.41	9-Apr-99	FAS	Angela Kan Age Nationals Hobart
	200 Breast	2:35.51	10-Apr-99	FAS	Angela Kan Age Nationals Hobart
	50 Fly	27.70	16-Mar-10	FAS VIC	Louise Mitchell at 2010 Telstra Australian Championships
	100 Fly	1:02.76	18-Apr-11	FAS VIC	Emma Niere at 2011 Australian Age Championships
	200 Fly	2:16.84	18-Apr-11	FAS VIC	Emma Niere at 2011 Australian Age Championships
	200 IM	2:24.16	5-Jan-00	FAS	Lisa Kempa State Champs
	400 IM	5:06.86	2-Jan-00	FAS	Lisa Kempa State Champs
17-18	50 Free	25.97	18-Apr-11	FAS VIC	Louise Mitchell at 2011 Australian Age Championships
	100 Free	57.73	17-Dec-10	FAS VIC	Louise Mitchell at 2011 Victorian Age Championships
	200 Free	2:09.33	8-Jan-01	FAS	Lisa Kempa State Champs
	400 Free	4:28.67	7-Jan-00	FAS	Lisa Kempa State Champs
	800 Free	9:15.92	3-Jan-01	FAS	Lisa Kempa State Champs
	1500 Free	20:36.02	4-Dec-04	FAS	Danni Webb December Comps
	50 Back	30.76	14-Jan-11	FAS VIC	Louise Mitchell at 2011 Victorian Championships
	100 Back	1:04.87	17-Dec-10	FAS VIC	Louise Mitchell at 2011 Victorian Age Championships
	200 Back	2:25.76	17-Dec-10	FAS VIC	Louise Mitchell at 2011 Victorian Age Championships
	50 Breast	33.49	29-Mar-01	FAS	Angela Kan Open Nationals Hobart
	100 Breast	1:12.44	9-Jan-01	FAS	Angela Kan State Champs
	200 Breast	2:35.82	10-Jan-01	FAS	Angela Kan State Champs
	50 Fly	26.91	1-Apr-11	FAS VIC	Louise Mitchell at 2011 Telstra Australian Swimming Championship
	100 Fly	1:02.52	18-Apr-11	FAS VIC	Louise Mitchell at 2011 Australian Age Championships
	200 Fly	2:32.45	29-Oct-00	FAS	Zoe Osterloh Metro Sth Distance
	200 IM	2:22.51	7-Jan-01	FAS	Angela Kan Age Nationals Perth
	400 IM	5:04.20	10-Jan-01	FAS	Angela Kan State Champs

RECORDS LONG COURSE
LC Meters-Male

8 & U	50 Free	38.80	21-Oct-01	FAS	Samuel Franklin	7-10 Eliminations
	50 Back	44.96	30-Jul-00	FAS	Matthew Findeisen	Metro Sth Sprint Meet
	50 Breast	51.63	21-Oct-01	FAS	Samuel Franklyn	7-10 Eliminations
	50 Fly	52.55	30-Jul-00	FAS	Matthew Findelsen	Metro Sth Sprint Meet
9-9	50 Free	34.94	1-Aug-99	FAS	Paul Elisseou	Metro Sth Sprint
	100 Free	1:22.70	23-Jan-99	FAS	Paul Elisseou	Tasmanian States
	200 Free	3:06.02	6-Dec-03	FAS	Adam Nettlefold	December Comps
	400 Free	6:40.24	25-Oct-98	FAS	Jack Gaffney	Metro Sth Long Distance
	50 Back	41.92	5-Aug-01	FAS	Matthew Findeisen	Metro Sth Sprints
	100 Back	1:38.94	10-Dec-00	FAS	Matthew Findeisen	December Comps
	200 Back	3:29.62	29-Oct-00	FAS	Matthew Findeisen	Metro Sth L/D
	50 Breast	48.57	27-Oct-02	FAS	Samuel Franklyn	7-10 Eliminations
	100 Breast	1:56.44	6-Dec-98	FAS	Paul Elisseou	December Comps
	200 Breast	4:10.29	29-Oct-00	FAS	Nicholas Pearce	Metro Sth L/D
	50 Fly	42.81	7-Dec-03	FAS	James Nettlefold	December Comps
	200 IM	3:40.05	7-Dec-03	FAS	James Nettlefold	December Comps
	10-10	50 Free	33.24	30-Jul-00	FAS	Jack Gaffney
100 Free		1:15.53	25-Feb-01	FAS	Paul Elisseou	December Comps
200 Free		2:44.90	4-Dec-99	FAS	Jack Gaffney	December Comps
400 Free		5:55.43	12-Dec-99	FAS	Paul Elisseou	December Comps
50 Back		38.95	3-Apr-05	FAS	Adam Nettlefold	All Junior Finals
100 Back		1:27.36	4-Dec-99	FAS	Jack Gaffney	Dec Comps
200 Back		3:16.88	13-Nov-99	FAS	Nicholas Findeisen	Distance Comp
50 Breast		43.76	2-Mar-03	FAS	Ross Heideman	District Champs
100 Breast		1:43.19	30-Nov-02	FAS	Samuel Franklyn	December Comps
200 Breast		3:44.03	13-Jun-98	FAS	Jonathan Minden	Ringwood Carnival
50 Fly		36.96	3-Apr-05	FAS	James Nettlefold	All Junior Final
100 Fly		1:34.46	15-Aug-98	FAS	Jonathan Minden	3rd Interdistrict Meet
200 IM		3:18.30	15-Aug-98	FAS	Jonathan Minden	3rd Interdistrict Meet
11-11		50 Free	31.36	22-Apr-06	FAS	James Nettlefold
	100 Free	1:10.19	4-Mar-06	FAS	James Nettlefold	Metro District Sth Champs
	200 Free	2:28.40	3-Jan-06	FAS	James Nettlefold	State Champs
	400 Free	5:28.72	7-Oct-01	FAS	Nicholas Findeisen	Metro Sth Long Distance
	800 Free	12:28.03	25-Oct-98	FAS	Jonathan Minden	Metro Sth Long Distance
	50 Back	35.45	19-Feb-06	FAS	Adam Nettlefold	State Sprints
	100 Back	1:17.12	5-Mar-06	FAS	Adam Nettlefold	Metro District Sth Champs
	200 Back	2:56.40	7-Oct-01	FAS	Nicholas Findeisen	Metro Sth Long Distance
	50 Breast	39.86	10-May-99	FAS	Christopher Venus	VPSSA Nationals
	100 Breast	1:34.39	28-Feb-99	FAS	Jonathan Minden	Metro Sth Champs
	200 Breast	3:17.16	7-Oct-01	FAS	Nicholas Findeisen	Metro Sth Long Distance
	50 Fly	34.34	23-Apr-06	FAS	James Nettlefold	All Juniors
	100 Fly	1:19.32	9-Apr-06	FAS	James Nettlefold	Metro District Sth Champs
	200 Fly	3:32.98	14-Nov-98	FAS	Jonathan Minden	Distance Comp
	200 IM	2:57.96	3-Jan-06	FAS	James Nettlefold	State Champs
	400 IM	6:43.19	15-Nov-98	FAS	Jonathan Minden	Distance Comp
	12-12	50 Free	29.52	28-Apr-07	FAS	James Nettlefold
100 Free		1:03.96	3-Jan-07	FAS	James Nettlefold	State Champs
200 Free		2:14.36	17-Dec-10	FAS VIC	Ben Fynmore at 2011 Victorian Age Championships	
400 Free		4:48.61	17-Dec-10	FAS VIC	Ben Fynmore at 2011 Victorian Age Championships	
800 Free		9:59.69	27-Nov-10	FAS VIC	Ben Fynmore at 2010 Victorian Qualifying Meet	

RECORDS LONG COURSE

12-12	1500 Free	23:36.44	15-Nov-99	FAS	Jonathan Minden	Distance Comp	
	50 Back	33.48	16-Feb-07	FAS	Adam Nettlefold	State Sprints	
	100 Back	1:12.04	3-Jan-07	FAS	Adam Nettlefold	State Champs	
	200 Back	2:39.18	29-Jul-06	FAS	Adam Nettlefold	Bayside Meet	
	50 Breast	37.23	22-Feb-04	FAS	Clark Irwin	All Juniors	
	100 Breast	1:24.50	5-Jan-04	FAS	Clark Irwin	State Champs	
	200 Breast	3:09.03	7-Oct-01	FAS	Andrew Dick	Metro Sth Long Distance	
	50 Fly	31.60	28-Apr-07	FAS	James Nettlefold	All Juniors Final	
	100 Fly	1:12.15	17-Dec-10	FAS VIC	Ben Fynmore at 2011 Victorian Age Championships		
	200 Fly	2:37.77	17-Dec-10	FAS VIC	Ben Fynmore at 2011 Victorian Age Championships		
	200 IM	2:37.68	17-Dec-10	FAS VIC	Ben Fynmore at 2011 Victorian Age Championships		
	400 IM	5:45.42	6-Nov-10	FAS VIC	Ben Fynmore at 2010 Long Course Distance Meet		
	13-13	50 Free	26.83	11-Apr-08	FAS	James Nettlefold	Age Nationals
		100 Free	58.77	11-Jan-08	FAS	James Nettlefold	State Champs
200 Free		2:07.80	9-Apr-08	FAS	James Nettlefold	Age Nationals	
400 Free		5:03.51	10-Jan-03	FAS	Andrew Dick	State Champs	
1500 Free		22:08.69	15-Nov-98	FAS	Evan Thompson	Distance Comp	
50 Back		30.01	11-Apr-08	FAS	Adam Nettlefold	Age Nationals	
100 Back		1:02.84	11-Apr-08	FAS	Adam Nettlefold	Age Nationals	
200 Back		2:21.87	15-Jan-08	FAS	Adam Nettlefold	State Champs	
50 Breast		35.99	5-Feb-05	FAS	Clark Irwin	State Sprints	
100 Breast		1:18.57	19-Apr-01	FAS	Christopher Venus	Age Nationals	
200 Breast		2:57.68	14-Dec-02	FAS	Andrew Dick	December Comps	
50 Fly		29.38	10-Feb-08	FAS	James Nettlefold	State Sprints	
100 Fly		1:03.82	12-Apr-08	FAS	State Champs	Age Nationals	
200 Fly		2:24.60	8-Mar-08	FAS	James Nettlefold	Tasmanian States	
200 IM		2:22.66	10-Apr-08	FAS	James Nettlefold	Age Nationals	
400 IM		6:27.32	12-Nov-00		Christopher Venus	Distance Comp	
14-14		50 Free	25.21	14-Apr-09	FAS	James Nettlefold	Age Nationals
	100 Free	55.67	15-Apr-09	FAS	James Nettlefold	Age Nationals	
	200 Free	2:02.29	17-Apr-09	FAS	James Nettlefold	Age Nationals	
	400 Free	4:41.16	10-Jan-00	FAS	Kristofer Stephens	State Champs	
	800 Free	10:06.65	11-Dec-99	FAS	Kristofer Stephens	December Comp	
	1500 Free	18:44.67	8-Jan-00	FAS	Kristofer Stephens	State Champs	
	50 Back	28.31	15-Feb-09	FAS	Adam Nettlefold	State Sprints	
	100 Back	1:00.01	17-Apr-09	FAS	Adam Nettlefold	Age Nationals	
	200 Back	2:15.79	14-Apr-09	FAS	Adam Nettlefold	Age Nationals	
	50 Breast	33.36	24-Feb-02	FAS	Benjamin Burke	State Sprints	
	100 Breast	1:12.53	9-Jan-03	FAS	Benjamin Burke	State Champs	
	200 Breast	2:37.66	8-Jan-02	FAS	Benjamin Burke	State Champ	
	50 Fly	27.95	15-Feb-09	FAS	James Nettlefold	State Sprints	
	100 Fly	1:01.12	3-Jan-09	FAS	James Nettlefold	Vic State Age	
	200 Fly	2:13.97	15-Apr-09	FAS	James Nettlefold	Age Nationals	
	200 IM	2:14.52	13-Apr-09	FAS	James Nettlefold	Age Nationals	
	400 IM	4:50.79	17-Apr-09	FAS	James Nettlefold	Age Nationals	
	15-15	50 Free	25.47	2-Apr-09	FAS	Joseph Cunningham	VSSSA Finals
		100 Free	56.20	21-Apr-01	FAS	Angus Hayes	Age Nationals
200 Free		1:58.70	10-Oct-10	FAS VIC	Cody Smith at MLC Aquatic LC Meet 2010 sponsored by 2XU		
400 Free		4:18.70	6-Jan-10	FAS VIC	Cody Smith at 2010 Victorian Age Championships		
800 Free		9:13.07	29-Oct-00	FAS	Angus Hayes	Metro Sth Long Distance	
1500 Free		18:17.12	16-Oct-05	FAS	Nicholas Findeisen	L/C Distance meet	
50 Back		28.09	13-Sep-09	FAS	Adam Nettlefold	School Sport Aust	
100 Back		1:00.63	22-Apr-01	FAS	Angus Hayes	Age Nationals Melbourne	

RECORDS LONG COURSE

15-15	200 Back	2:10.04	23-Apr-01	FAS	Angus Hayes	Age Nationals Melbourne	
	50 Breast	32.34	6-Jan-10	FAS VIC	Cody Smith at 2010 Victorian Age Championships		
	100 Breast	1:10.06	6-Jan-10	FAS VIC	Cody Smith at 2010 Victorian Age Championships		
	200 Breast	2:32.85	6-Jan-10	FAS VIC	Cody Smith at 2010 Victorian Age Championships		
	50 Fly	27.28	13-Feb-10	FAS VIC	Cody Smith at 2010 Victorian Sprint Championships		
	100 Fly	1:00.63	20-Apr-01	FAS	Angus Hayes	Age Nationals Melbourne	
	200 Fly	2:19.98	16-Dec-00	FAS	Angus Hayes	December Comps	
	200 IM	2:11.59	19-Apr-01		Angus Hayes	Age Nationals Melbourne	
	400 IM	4:43.91	23-Apr-01		Angus Hayes	Age Nationals Melbourne	
16-16	50 Free	24.76	18-Apr-11	FAS VIC	James Nettlefold at 2011 Australian Age Championships		
	100 Free	53.69	18-Apr-11	FAS VIC	Cody Smith at 2011 Australian Age Championships		
	200 Free	1:57.42	18-Apr-11	FAS VIC	Cody Smith at 2011 Australian Age Championships		
	400 Free	4:09.79	17-Dec-10	FAS VIC	Cody Smith at 2011 Victorian Age Championships		
	800 Free	9:21.65	7-Jan-06	FAS	Nicholas Findeisen	Vic State Champs	
	1500 Free	17:43.18	7-Jan-06	FAS	Nicholas Findeisen	Vic State L/C Champs	
	50 Back	27.74	18-Apr-11	FAS VIC	Adam Nettlefold at 2011 Australian Age Championships		
	100 Back	57.53	18-Apr-11	FAS VIC	Adam Nettlefold at 2011 Australian Age Championships		
	200 Back	2:08.77	10-Apr-02	FAS	Angus Hayes	Age Nationals Sydney	
	50 Breast	32.16	8-Feb-04	FAS	Benjamin Burke	State Sprints	
	100 Breast	1:10.48	17-Apr-04	FAS	Benjamin Burke	Age Nationals Perth	
	200 Breast	2:32.96	12-Jan-02	FAS	Angus Hayes	State Champs	
	50 Fly	26.75	18-Apr-11	FAS VIC	James Nettlefold at 2011 Australian Age Championships		
	100 Fly	58.01	18-Apr-11	FAS VIC	James Nettlefold at 2011 Australian Age Championships		
	200 Fly	2:11.07	12-Jan-02	FAS	Angus Hayes	State Champs	
	200 IM	2:11.13	18-Apr-11	FAS VIC	James Nettlefold at 2011 Australian Age Championships		
	400 IM	4:40.95	8-Jan-02		Angus Hayes	State Champs	
	17-18	50 Free	23.59	24-Mar-01	FAS	Ray Hass	Open Nationals Hobart
		100 Free	50.58	24-Mar-01	FAS	Ray Hass	Open Nationals Brisbane
		200 Free	1:49.71	27-Mar-01	FAS	Ray Hass	Open Nationals Hobart
400 Free		4:23.08	19-Oct-08	FAS	Nicholas Findeisen	Bayside L/C meet	
800 Free		9:16.42	12-Jan-00	FAS	Nicholas Findeisen	Vic State Champs	
1500 Free		17:30.57	12-Jan-07	FAS	Nicholas Findeisen	Vic State L/C Champs	
50 Back		26.79	16-Jun-01	FAS	Ray Hass	Telstra Grand Prix	
100 Back		55.74	22-Mar-99	FAS	Ray Hass	Open Nationals	
200 Back		1:58.59	20-Mar-02	FAS	Ray Hass	Open Nationals Brisbane	
50 Breast		31.11	2-Oct-08	FAS	Nicholas Findeisen	Uni Games	
100 Breast		1:09.46	22-Nov-08	FAS	Nicholas Findeisen	Nunawading L/C meet	
200 Breast		2:35.30	11-Jan-03	FAS	Angus Hayes	State Champs	
50 Fly		25.82	13-May-00	FAS	Ray Hass	Open Nationals Sydney	
100 Fly		59.22	25-Jan-04	FAS	Glen Piper	Tasmanian States	
200 Fly		2:08.99	12-Jan-03	FAS	Angus Hayes	State Champs	
200 IM		2:08.32	30-Apr-03		Angus Hayes	Age Nationals Brisbane	
400 IM		4:35.85	26-Apr-03		Angus Hayes	Age Nationals Brisbane	